Para responder às questões, leia o texto a seguir.

What Hooks Us. Addiction trends change over time. Here’s a look

at America’s biggest battles now

Substance and behavioral addictions



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| About 18.7 million people, or 7.7% of the population, are dependent on or | 1 |
| abuse alcohol, and 12,000 more try it for the first time every day. Alcoholics |  |
| Anonymous has 2 million members - impressive, but only a small fraction of |  |
| those who need help. |  |
| An estimated 3.6 million people are dependent on drugs. On average, 8,000 | 5 |
| try them for the first time each day, and 700,000 are undergoing treatment for |  |
| addiction. More than half or first-time users are female and younger than |  |
| 18. Marijuana, cocaine and pain relievers are the leading drugs of abuse. |  |
| There are about 71.5 million users of tobacco products in the U.S. About |  |
| 23.4% of men and 18.5% of women are cigarette smokers, with cigarette use | 10 |
| lowest in Western states and highest in the Midwest; 44.3% of young adults |  |
| ages 18 to 25 use tobacco, the highest rate for any age group. |  |
| It’s the most widely used mood-altering drug in the world and is routinely |  |
| ingested by about 80% to 90% of Americans, primarily through soda and |  |
| coffee. A daily brewed cup of coffee, with 100 mg of caffeine, can lead to | 15 |
| physical dependence. Withdrawal symptoms are experienced by 40% to |  |
| 70% of those trying to quit. |  |
| An addiction to food affects as many as 4 million U.S. adults and is strongly |  |
| linked to depression. About 15% of mildly obese people are compulsive eaters. |  |
| Compulsive eating, thought to be the most common eating disorder in America, | 20 |
| is considered bulimia when a person induces vomiting to lose weight. |  |
| Two million American adults, or 0.67% of the population, are thought to be |  |
| pathological gamblers, betting money regardless of the consequences. Their |  |
| moods generally follow the arc of their winning and losing. An additional |  |
| 4 million to 8 million are considered problem gamblers. | 25 |
| At least 1 in 20 Americans is a compulsive shopper, according to a Stanford |  |
| University study. The addiction affects both genders almost equally. Cultural |  |
| factors, like advertising’s emphasis on the happiness products can bring, are |  |
| thought to fuel addictive buying. |  |
| About 16 million Americans suffer from compulsive sexual behavior, the least | 30 |
| understood of all addictions. A third are women; about 60% of all sex addicts |  |
| were abused in childhood. An addict is dependent on the neurochemical |  |
| changes that take place during sex and is consumed by sexual thoughts. |  |
| Like compulsive gambling, Internet addiction is thought to be an impulse- |  |
| control disorder that can disrupt social relationships. There is disagreement | 35 |
| as to whether it should be formally considered a disorder. Though substance |  |
| abusers strive for abstinence, an Internet addict’s goal is often to attain |  |
| moderation. |  |

Revista *TIME* September 10, 2007. p. 30. (adaptado)

Fonte: COPERVES/UFSM – PEIES/2008.

1. Qual é o tema principal abordado no texto?

Es la adicción como tema general.

1. Quais são as substâncias e os vícios comportamentais apontados no texto? Explique a relação entre a linguagem verbal (escrita) e a não verbal.

Alcohol, drugs,tabacco, caffeine, food, gambling, shopping, sex, internet.

Es la relacion que presenta um texto com respecto a aquello que no es escrito, tal como

imagenes, vídeos, musicas, etc.

1. Selecione 3 palavras cognatas em todos os parágrafos que explicam as substâncias e os vícios comportamentais.

Alcohol: million, population, dependent

Drugs: estimated, addiction, Marijuana

Tobacco: products, cigarette,adults.

Caffeine: used, Ingested, physical.

Food: addiction, depression, obese

Gambling: population, generally, considered

Shopping: compulsive, affect, emphasis

Sex:consumed, factors, during

Internet: addiction, control, impulse

1. Informe as linhas que apresentam as seguintes informações:
2. O vício afeta ambos os gêneros de forma quase igual. Linea 27

The addiction affects both genders almost equall

1. A alimentação compulsiva é considerada como a desordem alimentar mais comum nos Estados Unidos. Linea 20

thought to be the most common eating disorder in America

1. Mais da metade dos usuários ou dos primeiros usuários são do sexo feminino e menores de 18 anos. Linea 7-8

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| More than half or first-time users are female and younger than |
| 18. |

1. Cerca de 16 milhões de americanos sofrem de comportamento sexual compulsivo, o menos compreendido de todos os vícios. Linea 31-32

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| About 16 million Americans suffer from compulsive sexual behavior, the least |
| understood of all addictions. A third are women; about 60% of all sex addicts |

1. Os sintomas de abstinência são sentidos por 40% a 70% dos que o tentam acabar. Linea 16-17

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| physical dependence. Withdrawal symptoms are experienced by 40% to |
| 70% of those trying to quit. |

1. Marque a alternativa correta
   1. A leitura do texto permite concluir que
2. tanto substâncias químicas quanto determinados comportamentos podem acarretar vícios.
3. o título induz a crer que as tendências relativas a vícios mudam ao longo do tempo.
4. a sociedade americana é pouco afetada por vícios ou hábitos de abuso.

Está(ão) correta(s) a(s) alternativa(s)

1. I e II apenas. Correcta
2. I e III apenas.
3. II apenas.
4. III apenas.
5. I, II e III.
   1. De acordo com o texto, coloque V (verdadeira) ou F (falsa) em cada afirmativa a seguir.

(F) A maioria dos dependentes de álcool busca tratamento ou apoio.

(V) Mais da metade dos novos usuários de drogas são mulheres e menores de 18 anos.

(V) Dentre os fumantes, quase um quarto da população masculina faz uso de cigarro.

A sequência correta é

1. V - F - V.
2. V - F - F.
3. F - F - V.
4. V - V - F.
5. F - V - V. Correcta
   1. Segundo o texto, analise as afirmativas:
6. Somadas, cerca de vinte mil pessoas a cada dia experimentam álcool e drogas pela primeira vez.
7. A cafeína é a substância capaz de alterar o humor mais utilizada pela população mundial.
8. Sintomas de abstinência são incomuns nas pessoas que tentam abandonar a cafeína.

Está(ão) correta(s)

1. apenas I e II. Correcta
2. apenas I e III.
3. apenas II.
4. apenas III.
5. I, II e III.
   1. Considerando o texto, analise as afirmativas:
6. O vício do jogo pode afetar, em distintos níveis de gravidade, de 6 a 10 milhões de americanos adultos.
7. Cerca de 60% das pessoas com comportamento sexual obsessivo abusam de crianças.
8. Há controvérsia quanto a constituir ou não um distúrbio o uso excessivo da internet.

Está(ão) correta(s)

1. apenas I e II.
2. apenas I e III. Correcta
3. apenas II.
4. apenas III.
5. I, II e III.

REFERÊNCIA:

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<http://www.coperves.ufsm.br/>